



No Minimums – Accept Long Term Care Insurance, Private Pay, Medicaid Managed Care Programs, and Veteran Benefits – One Hour Visits to 24 Hour Care – Respite Care, Personal Care – Transportation for Doctor's Appointments, Grocery Shopping and Pharmacy Pickup – Safety Assessments and Medication Management – Light Cleaning, Laundry, Linen Change

NR 3012096, NR 3032096

MARCH 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>All CSI Events will be held in the Hospitality room located inside of the Clubhouse</p>			<p>1</p>	<p>2</p> <p>10:30- 11:30am CSI Welcome Please come meet the team Coffee and Pastries will be served</p>
<p>5</p> <p>10:30-11:30am Planning for Long Term Care Beyond Dollars- The Impact of Long Term Care on Your Family & Future</p>	<p>6</p>	<p>7</p> <p>10:30-11:30am Loss of Balance: Learn about 3 Main Causes, and get your free balance assessment</p>	<p>8</p>	<p>9</p> <p>10:30-11:30am Creating Sustainable Health & Longevity</p>
<p>12</p> <p>10:30-11:30am Eating Disorders in Midlife and Beyond</p>	<p>13</p>	<p>14</p> <p>10:30-11:30am Swelling in Your Legs Why is it important to take care of?</p>	<p>15</p> <p>11:30-1pm Lunch & Learn Ten Signs & Symptoms of Dementia/Alzheimer's at Mel's Way Bistro</p>	<p>16</p> <p>10:30-11:30am CSI Homecare 101& Long Term Care Policy Reviews</p>
<p>19</p> <p>10:30-11:30am Taking Care of Yourself Stress Management</p>	<p>20</p>	<p>21</p> <p>10:30-11:30am Understanding Medicare & Medicaid for the Managed Care Programs</p>	<p>22</p>	<p>23</p> <p>10:30-11:30am The Healthiest Foods on the Planet</p>
<p>26</p> <p>10:30-11:30am Eldercare Law Attorney Bring your Questions She has the Answers</p>	<p>27</p>	<p>28</p> <p>10:30- 11:30am Senior Living Options Independent VS Assisted Living</p>	<p>29</p>	<p>30</p> <p>10:30-11:30am Arthritis & Inflammation</p>

RSVP REQUIRED - CALL 561-603-7712

LOCATED IN THE CLUB HOUSE ACROSS THE FITNESS CENTER